

Winn-Dixie Products for Gluten Free Living

At Winn-Dixie we believe it's possible to live a gluten free lifestyle and still celebrate and enjoy food. Celiac disease is the most common reason people choose a gluten-free lifestyle. Gluten is the common name for the proteins in food that are harmful to people with celiac disease. These proteins are found in ALL varieties of wheat and related grains such as oats, rye, barley and triticale.

We understand it can be difficult to avoid gluten but Winn-Dixie is here to help. Below is a list of Winn-Dixie brand items that are produced in which no gluten ingredients are used. Our brands include Winn-Dixie, Winn & Lovett, Chek (beverages), Prestige, and Thrifty Maid (and several other brands for some products). Certain foods included in the list below and in our stores, such as milk, as well as meat, poultry, seafood, and fresh fruits and vegetables, are naturally free of gluten.

Please note that product ingredients can change from time to time, without warning. We will attempt to keep this list updated to our website but cannot guarantee it is complete and accurate at all times. Therefore, you should always be sure to check all product labels and ingredients each time you purchase.

In addition, if you have other conditions or concerns relating to other types of dietary requirements, be sure to check product labels for those as well. Talk to your physician to discuss proper diagnosis and to learn about foods appropriate for your gluten-free lifestyle.

Dairy and Other Refrigerated Foods

Bacon and Sausage

- Hickory Sweet Sliced Bacon
- Hickory Sweet Thin Sliced Bacon
- Hickory Sweet Thick Sliced Bacon
- Hickory Sweet Lower Sodium Bacon
- Thrifty Maid Mild Pork Sausage

Winn-Dixie Butter and Margarine

- Butter, Salted and Unsalted
- Butter, Whipped

Winn-Dixie Cheese: Block, Shredded, Cubed, Sliced

- Cheddar, Mild
- Cheddar, Medium
- Cheddar, Sharp
- Cheddar, NY Sharp
- Cheddar, Extra Sharp
- Cheddar, NY Extra Sharp
- Colby
- Colby Jack
- Italian Blend, Shredded
- Mexican Blend
- Pasteurized Process Swiss Cheese Product
- Grated Parmesan
- Grated Parmesan and Romano
- Ricotta – All types
- String Cheese
- Mozzarella

- Muenster
- Provolone
- Monterey Jack
- Monterey Jack with Jalapeno Peppers
- Cheddar Jack
- Swiss
- White Cheddar
- American Pasteurized Process Cheese Product
- Reduced Fat American Pasteurized Process Cheese Product
- Deluxe American Pasteurized Process Cheese Food
- Feta
- Blue Cheese
- Gorgonzola
- Pimiento Cheese – Regular, Chunky and with Jalapenos

Liquid Creams and Creamers

- Original Non-dairy Coffee Creamer
- Fat Free Non-dairy Coffee Creamer
- Half & Half
- Fat Free Half & Half
- Heavy Whipping Cream
- Whipping Cream

Winn-Dixie Cream Cheese

- Regular Cream Cheese
- Soft Cream Cheese
- Lite Cream Cheese

Winn-Dixie Cultured Products

- Large Curd Cottage Cheese – 4% milkfat
- Small Curd Cottage Cheese – 4% milkfat
- Lowfat Cottage Cheese
- Fat Free Cottage Cheese
- Regular Sour Cream
- Light Sour Cream
- Fat Free Sour Cream
- Blueberry Lowfat Yogurt
- Peach Lowfat Yogurt
- Pineapple Lowfat Yogurt
- Pineapple Cherry Lowfat Yogurt
- Plain Lowfat Yogurt
- Raspberry Lowfat Yogurt
- Strawberry Lowfat Yogurt
- Vanilla Lowfat Yogurt
- Banana Cream Pie Fat Free Yogurt
- Black Cherry Fat Free Yogurt
- Blueberry Fat Free Yogurt
- Key Lime Pie Fat Free Yogurt
- Mixed Berry Fat Free Yogurt
- Peach Fat Free Yogurt
- Piña Colada Fat Free Yogurt
- Raspberry Fat Free Yogurt
- Strawberry Fat Free Yogurt
- Strawberry Banana Fat Free Yogurt
- Vanilla Fat Free Yogurt
- No Sugar Added Strawberry Yogurt

These product lists were compiled from products available in Winn-Dixie and Save-Rite stores. Not all products may be available in all of our store locations. Because these listed products were evaluated using manufacturer-provided nutritional information, and product formulations can change at any time, Winn-Dixie cannot guarantee the accuracy of the information provided. Customers are encouraged to read all product labels to obtain the most accurate nutrition information. Information in this document is intended to be nutrition and dietary information only and not medical advice. Winn-Dixie cannot guarantee the absence of gluten in all products listed as "gluten-free products" because product formulations can change, and some products may be processed on shared equipment and cross-contamination may occur during processing at the manufacturing facility.

Winn-Dixie Products for Gluten Free Living

Winn-Dixie Milk and Milk Products

Instant Nonfat Dry Milk
Whole Milk
2% Lowfat Milk
1% Lowfat Milk
Fat Free Milk
Unsweetened Soy Milk
Plain Soy Milk
Organic Whole Milk
Organic 2% Lowfat Milk
Organic 1% Lowfat Milk
Organic Fat Free Milk
Vanilla Soy Milk
Chocolate Soy Milk

Winn-Dixie Juices and Tea

Orange Juice from Concentrate
Orange Juice from Concentrate with Calcium
Orange Juice – Premium – Not from Concentrate

Winn-Dixie Refrigerated Tortillas

Corn Tortillas

Frozen Foods

Winn-Dixie Frozen Fruits

Berry Medley
Mango Chunks
Dark Sweet Cherries
Sliced Peaches
Whole Strawberries
Blueberries
Mixed Fruit
Red Raspberries
Blackberries
Strawberries – No Sugar Added
Strawberries – Sugar Added

Winn-Dixie Ice Cream and Ice Cream Novelties

Classic Vanilla Ice Cream
Classic Neapolitan Ice Cream
Classic Chocolate Ice Cream
Classic Strawberry Ice Cream
Banana Pops
Fudge Bars

Prestige Ice Cream and Ice Cream Novelties

Vanilla Ice Cream
Chocolate Ice Cream
Chocolate Almond Ice Cream

Thrifty Maid Frozen Vegetables

Green Beans, Cut
Mixed Vegetables
Peas, Sweet Green

Winn-Dixie Frozen Vegetables

Butter Beans
Broccoli, Chopped
Broccoli Cuts
Broccoli Florets
Broccoli Spears
Brussels Sprouts
Carrots, Crinkle Cut
Carrots, Whole Baby
Cauliflower
Collard Greens, Chopped
Corn on the Cob (regular and mini)
Corn, Yellow, Cut
Corn, White, Cut
Green Beans, Cut
Green Beans, French Style Sliced
Green Beans, Italian
Green Beans, Whole
Green Peppers, Diced
Lima Beans, Baby
Lima Beans, Fordhook
Lima Beans, Petite
Lima Beans, Speckled
Mixed Vegetables
Mustard Greens
Okra, Cut
Okra, Whole
Onions, Diced
Pearl Onions
Peas, Butter
Peas, Crowder
Peas, Field with Snaps
Peas, Green
Peas, Green
Peas, Petite Green
Peas & Carrots
Spinach, Chopped
Spinach, Cut Leaf
Squash, Yellow
Succotash
Turnip Greens, Chopped
Turnip Greens, with Turnips
Organic Green Beans, Cut
Organic Corn, Yellow, Cut
Organic Mixed Vegetables

Organic Peas, Green
Steamable Broccoli, Cut
Steamable Green Beans, Cut
Steamable Corn, Yellow, Cut
Steamable Mixed Vegetables
Steamable Peas, Sweet Green

Grocery/Center Store

Chek Carbonated Beverages

Black Cherry Soda
Caffeine Free Cola
Cherry Cola
Club Soda
Cola
Cream Soda
Ginger Ale
Grape Soda
Green Apple Soda
Kountry Mist Soda
Lemonade
Lemon-Lime Soda
Orange Soda
Orange Pineapple Soda
Peach Soda
Premium Draft Style Root Beer
Punch
Red Alert Soda
Red Cream Soda
Root Beer
Seltzer Water
Strawberry Soda
Vanilla Cola
Dr. Chek
Diet Kountry Mist Soda
Diet Lemon-Lime Soda
Diet Orange Soda
Diet Root Beer
Diet Strawberry Soda
Diet Vanilla Cola
Dr. Chek

Clearly Prestige Carbonated Beverages

Country Strawberry Sparkling Water Beverage
Key Lime Sparkling Water Beverage
Mandarin Orange Sparkling Water Beverage
Mellow Peach Sparkling Water Beverage
White Grape Sparkling Water Beverage

Winn-Dixie Products for Gluten Free Living

Wild Cherry Sparkling Water Beverage

Winn & Lovette Juice and Juice Blends

Black Cherry Juice
Cranberry Juice
Pomegranate Juice

Winn-Dixie Juice and Juice Blends

Apple Cider from Concentrate
Apple Juice from Concentrate
Premium Apple Juice Not from Concentrate
Cranberry Juice Cocktail
Cranberry Apple Juice Cocktail
Cranberry Raspberry Juice Cocktail
Grape Juice from Concentrate
Grapefruit Juice from Concentrate
Reconstituted Lemon Juice
Light Cranberry Juice Cocktail
Light Cranberry Grape Juice Cocktail
Light Grape Juice Cocktail
Pomegranate Juice Blend
Pomegranate Blueberry Juice Blend
Pomegranate Cranberry Juice Blend
Prune Juice from Concentrate
Prune Juice with Pulp from Concentrate
Ruby Red Grapefruit Juice
Ruby Red Grapefruit Juice Cocktail
Tomato Juice
White Grape Juice from Concentrate
Vegetable Juice Cocktail
Organic Apple Juice
Organic Grape Juice
Organic Lemonade
Organic Mango Acai Berry Juice Blend
Organic Orange Mango Juice Blend
Organic Tomato Juice
Organic Sweet Black Tea with Lemon
Organic Sweet Green Tea
Organic Sweet Red Tea with Mango and Mandarin Orange
Organic Sweet White Tea with Raspberry
Organic Unsweetened Green Tea
Organic Unsweetened Red Tea with Pomegranate

Winn-Dixie Bottled Water

Spring Water

Drinking Water
Purified Water
Spring Water with Added Fluoride
Distilled Water

Thrifty Maid Canned Fruit

Bartlett Pears – Halves and Slices
Maraschino Cherries
Yellow Cling Peaches – Halves and Slices

Winn-Dixie Canned Fruit

Applesauce – Unsweetened, Sweetened, Cinnamon
Apricots – Halves Unpeeled
Bartlett Pears – Halves and Slices
Chunky Mixed Fruit
Fruit Cocktail
Fruit Cups – Peaches, Mixed Fruit, Mandarin Oranges, Pears
Jellied Cranberry Sauce
Mandarin Orange Segments
Maraschino Cherries
Pie Fillings – Apple, Blueberry, Cherry
Yellow Cling Peaches – Halves and Slices
Pineapple – Chunks, Crushed, Sliced, Tidbits
Raisins

Thrifty Maid Canned Meat

Thrifty Maid Chicken Vienna
Sausage

Winn-Dixie Canned Vegetables

Baked Beans
Baked Beans with Bacon and Onion
Beets
Carrots – Sliced, Length Cut
Corn – Yellow Whole Kernel
Corn – Yellow Whole Kernel – No Salt Added
Corn – White Whole Kernel
Garbanzo Beans
Green Beans – Whole, Cut, French Style Sliced, Veggi-Green™
Green Beans – Cut, French Style Sliced – No Salt Added
Green Lima Beans
Green and White Lima Beans
Kidney Beans – Dark Red, Light Red, Red
Mexican Style Chili Beans
Mixed Vegetables

Mixed Vegetables – No Salt Added
Peas – Green – Tiny, Small, Medium, Large
Peas – Green – No Salt Added
Potatoes – White – Whole, Sliced, Diced
Potatoes – White – Whole – No Salt Added
Spinach
Spinach – No Salt Added
Tomatoes, Crushed
Tomatoes, Diced
Tomatoes, Diced with Green Chilies
Tomatoes, Petite Diced
Tomatoes, Whole Peeled
Tomatoes, Sliced Stewed
Tomatoes, Mexican Style Stewed
Tomatoes, Italian Style Stewed
Tomato Paste
Tomato Puree
Tomato Sauce

Winn-Dixie Condiments

Ketchup
Yellow Mustard
Dijon Mustard
Horseradish Mustard
Honey Mustard
Spicy Brown Mustard

Winn-Dixie Instant Potatoes

Instant Potato Flakes

Winn-Dixie Oils

Canola Oil
Corn Oil
Olive Oil
Peanut Oil
Vegetable Oil

Winn-Dixie Olives

Green Olives – All varieties
Ripe Olives – All varieties

Winn-Dixie Pasta and Pizza Sauce

Pizza Sauce
Classic Style Double Garlic Pasta Sauce
Classic Style Fat Free Pasta Sauce
Classic Fra Diavolo Pasta Sauce
Classic Home Style Pasta Sauce
Classic Marinara
Classic Peppers & Onions Pasta Sauce

Winn-Dixie Products for Gluten Free Living

Classic Tomato Basil Pasta Sauce
Traditional Pasta Sauce
Meat Pasta Sauce
Mushroom Pasta Sauce
Garlic & Onion Pasta Sauce
Parmesan & Romano Pasta Sauce
Garden Vegetable Combination
Pasta Sauce

Winn-Dixie Pickles and Relish

Dill Pickles – All varieties
Sweet Pickles – All varieties
Sweet Relish
Dill Relish
Jalapenos
Pepperoncini
Sliced Banana Peppers – Mild, Hot

Winn-Dixie Salad Dressings

Balsamic Vinaigrette
California French
Chunky Blue Cheese
Creamy French
Creamy Ranch
Fat Free Italian
Fat Free Ranch

Fat Free Thousand Island
Garden Ranch
Honey Dijon
Italian
Lite Italian
Lite Ranch
Robust Italian
Thousand Island
Zesty Italian

Snacks

Marshmallows – Regular and Mini

Winn-Dixie Sugar

Granulated Sugar
Light Brown Sugar
Powdered Sugar, 10X

Winn & Lovett Syrup

Maple Syrup – All varieties

Winn-Dixie Syrup

Chocolate Syrup
Regular Syrup
Butter Flavor Syrup
Lite Syrup

Winn-Dixie Tea Bags

Tea Bags – Regular and Family Size
Decaffeinated Tea Bags – Regular
and Family Size

Health and Beauty

Winn-Dixie Vitamins and Supplements

Calcium + Minerals and Vitamin D,
600 mg, 120 ct
Centra_Vite Senior Multivitamin
with Lutein & Lycopene, 150 ct and
300 ct
Chelated Iron, 25 mg, 100 ct
Coenzyme Q10, 100 mg, 30 ct
Fish Oil, Enteric Coated, 60 ct
Glucosamine Sulfate, 750 mg, 180 ct
Hair, Skin & Nails Dietary
Supplement, 60 ct
Magnesium, 100 mg, 100 ct
Potassium Gluconate, 99 mg, 100 ct
Zinc, 50 mg, 100 ct